



Arklan CPS News

April 2024



Message from the Principal

There are many exciting events happening at Arklan this Spring! Stay tuned for Jump Rope for Heart, Indigenous Pow Wow Performance, Curling, Cakepalooza, Badminton, and Dairy Educators of Ontario. Students are excited to be outside in the warmer weather. Just a friendly reminder that yard supervision begins at 9:10am; we kindly ask that students do not enter the yard prior to this time.

Many of our Wildcat students are participating in Real-World Learning projects. Ms. Brown and Mme. Baird have been working with students to create Social Emotional Learning boxes to support students while at school. Students have been learning how to regulate their emotions and are choosing resources/tools they feel their peers would benefit from. Students have written to local community partners for donations of items. Students are also learning how to use the software app 'Canva' to enhance their learning. Many thanks to Mrs. Hamilton's class for the weekly popcorn sales; some of the proceeds have been used to purchase an interactive television in addition to a donation to The Hunger Stop.

It's hard to believe that we have started to plan for September 2024. If you plan on moving or changing programs for the 2024/25 school year, please contact the office: doris.ohlmann@ucdsb.on.ca

EQAO Dates: Students in Grade 6 will be writing EQAO from May 22 – 24 and students in Grade 3 will be writing EQAO May 28-30. For more information regarding EQAO, visit: <https://www.eqao.com/about-eqao/>

Finally, some important dates coming up for Grade 6 students. Arklan's Grade 6 leaving ceremony has been scheduled for Tuesday June 25 @ 1:00pm.

Sports and Extra-Curriculars at Arklan

The Junior Girls and Boys basketball teams had their tournament at R. Tait in Almonte last month. Congratulations to Mrs. MacGregor and the Junior Girls for placing 2nd in the tournament. Thank to you Mme. Atkinson for coaching the Boys' teams who demonstrated great sportsmanship and perseverance during the tournament.

Mrs. Strachan and Mrs. Wood will be organizing a talent show scheduled for **May 10th**, time TBD. Students in Grades 4-6 will have the opportunity to audition to participate in the show.

Students in Grades 3-6 will be ramping up in preparation for Track and Field coming up in May/June. **Save the date: Arklan Track and Field Meet will be Thursday June 6th.**

Kindergarten Registration

If your child will be 4 years old by December 31, 2024, register your child for Kindergarten at: <https://www.ucdsb.on.ca/cms/One.aspx?portalId=148427&pageId=656186> or by scanning the QR Code. Our Kindergarten Open House will be on **Thursday, May 16, 2024, from 5-6:30 pm.**



School Council Update

Thank you to Arklan Families for your support with the Little Caesars Pizza Kits Fundraiser. School Council raised over \$1000 through this fundraiser to put towards student learning. School Council will be hosting Arklan's first Cakepalooza on Friday April 26th. If you are interested in donating a cake and/or non-edible cake arrangement, please note that paper copies of the form below will be coming home at a later date.

ARKLAN

Cakepalooza Info

WHAT'S CAKEPOLOOZA?!

CAKEPOLOOZA IS A NEW AND EXCITING FUNDRAISER FOR ARKLAN!

FAMILIES ARE ASKED TO DONATE A CAKE, TREAT, OR AN ALTERNATIVE CAKE THAT WILL BE RAFFLED OFF, GIVING ALL STUDENTS THE CHANCE TO WIN A CAKE OF THEIR VERY OWN TO BRING HOME THAT DAY!

WHAT TO EXPECT

ARKLAN'S GYM WILL BE FULL OF DELICIOUS AND FUN CAKES.

EACH CAKE WILL BE NUMBERED AND DISPLAYED. PARTICIPANTS WILL BE ABLE TO PURCHASE TICKETS AND PLACE THEM IN A RAFFLE FOR THE CAKE(S) OF THEIR CHOOSING.

EACH STUDENT CAN ONLY WIN ONE CAKE.

HOW MUCH ARE TICKETS?

\$1 = 2 TICKETS (.50 EACH)
\$5 = 11 TICKETS (.45 EACH)
\$10 = 25 TICKETS (.40 EACH)
\$20 = 57 TICKETS (.35 EACH)

DONATION INFORMATION

DONATIONS MUST BE DROPPED OFF ON
APRIL 25TH FROM 4-6PM OR APRIL 26TH BY 9:30AM

PLEASE ENSURE YOUR DONATION IS NUT-FREE AND PLACED ON A PLATTER OR IN A CONTAINER THAT CAN GO HOME WITH THE WINNING STUDENT (DOLLAR STORE HAS SOME GREAT OPTIONS FOR PLATTERS AND BOXES)

THERE WILL BE NO REFRIGERATION ON SITE.

Thank you for supporting Arklan!

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Cakepalooza Donations

PLEASE CHECK THE BOX THAT APPLIES TO YOUR DONATION

| | | | |
|--|---|---|---|
|  <p><i>Yes!</i> <i>if I donate that</i></p> <input type="checkbox"/> |  <p><i>Yes!</i> <i>if I donate that</i></p> <input type="checkbox"/> |  <p><i>Yes!</i> <i>if I donate that</i></p> <input type="checkbox"/> | |
| <p>6-12 Cupcakes</p> | <p>Fruit Cake</p> | <p>Candy Cake</p> | |
|  <p><i>Yes!</i> <i>if I donate that</i></p> <input type="checkbox"/> |  <p><i>Yes!</i> <i>if I donate that</i></p> <input type="checkbox"/> |  <p><i>Yes!</i> <i>if I donate that</i></p> <input type="checkbox"/> | |
| <p>6-12 Donuts</p> | <p>Macarons</p> | <p>Non-Edible Alternative Cake</p> | |
| <p>STUDENT NAME:</p> <hr/> <p>TEACHER NAME:</p> <hr/> | | |  <p><i>Yes!</i> <i>if I donate that</i></p> <input type="checkbox"/> |
| <p>DONATIONS MUST BE DROPPED OFF ON APRIL 25TH FROM 4-6PM OR APRIL 26TH BY 9:30AM</p> | | | <p>Cake</p> |

Learn more about

One Stop Talk

One StopTalk

Parlons
maintenant

ABOUT THE PROGRAM

One Stop Talk offers children and youth (aged 0-17) immediate access to free mental health support. The program provides single session counselling support and ensures direct referral to additional service when needed. Services are provided through an integrated network of infant, child and youth mental health agencies across Ontario.



TO BEGIN YOUR SESSION



Online chat option for
(audio and video call):

www.OneStopTalk.ca



For the phone option, call:

1 (855) 416-8255 or
1 (855) 416-TALK

One Stop Talk is committed to be an inclusive service for every child and youth across Ontario.

KEY INFORMATION



HOURS OF OPERATION (EST):

Monday to Friday:
12PM - 8PM

Saturday:
12PM - 4PM



EASY TO ACCESS

Access the program online or by phone to connect with registered mental health professionals for brief therapy. There is no limit on the number of times you can contact One Stop Talk.



SESSION DURATION

1-hour long and typically focus on a single issue.



INTERPRETERS AVAILABLE

Services are offered in English and French. You can request an interpreter (available for 200+ languages including ASL) for a session in your preferred language, before connecting with our therapists.



SESSION OUTCOME














You receive access to help right away and co-develop an 'action plan' after a therapy session.





April 2024



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|-----------|---|
| 1 Easter Monday No School | 2  | 3 | 4 | 5 Popcorn Day \$2  |
| 8   | 9 School Council 5:30 – 6:30 Learning Commons  | 10 | 11 | 12 Popcorn Day \$2  |
| 15 | 16  | 17 | 18 | 18 Popcorn Day \$2  |
| 22  | 23  | 24 Administrative Professionals Day | 25 | 26 Popcorn Day \$2   Cakepalooza |
| 29 | 30 Badminton Tournament @ Beckwith PS  | | | |

Upcoming Dates:

May 13: Kindergarten – Grade 2 Indigenous Performance and Pow-Wow Workout

May 20: Victoria Day – no school for students

May 22 – 24: Grade 6 EQAO dates

May 28 – 30: Grade 3 EQAO dates

May 31: PA Day – no school for students