



# Arklan CPS News

## October 2023



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### Message from the Principal

It's hard to believe we are in the second month of school! September just flew by, and students are settling into school routines and getting involved in extra-curricular activities. Students have successfully completed two fire drills and one lock down drill this fall; we will be having a third fire drill in the next few weeks to meet Health and Safety requirements.

We have had a lot of fun activities during the month of September and into October at Arklan. We were happy to see so many families during our Open House. Thank you to School Council for their generous donation of popcorn for the event! We are also wishing all our participating wildcats well as they compete in the Family of Schools Cross Country Meet on October 12. Also, a reminder that Arklan picture day is October 16 (with retakes and class picture day on November 7).

Our School Council had its first meeting in September. The School Council is an integral part of our school community. They support school-wide events, do fundraising, help with hot-lunch program, just to name a few of their responsibilities.

Members of this year's School Council executive are:

Chair: Stephanie Kearns

Fundraising Coordinator: Janet McGee

Treasurer: Rebecca Brunke

Secretary: Patricia Houle

Social Media Manager: Britt West

Members at large: Ivy Thompson, Josalyn McIver, Zoe Reaume, Kate Sweeney, Jen Barnes, Kally Norton



Everyone is welcome to join School Council Meetings; the next meeting is schedule for **Tuesday, Oct. 10<sup>th</sup> @ 5:30pm** in the learning commons; we hope to see you there

Lastly, we are happy to announce the return of Student Electives to Arklan, beginning in November. The last Friday of each month from 2:40 – 3:20pm, students in Grades 1-6 will have the opportunity to participate in an elective Friday during the last learning block of the day. These activities are run by classroom teachers and include activities such as: Board Games, Yoga, Dance, Computer Programming to name a few. Students in kindergarten will be engaging in separate kindergarten specific activities during this time.

### Halloween

Halloween is on a school day this year, and students are encouraged to wear *school appropriate* costumes. No masks or toy weapons are permitted. We are hoping to have a costume parade as a whole school, allowing students to show-off their costumes. More information will come from classroom teachers regarding the costume parade.



## Sports and Extra-Curriculars at Arklan

Mrs. Davey organized Arklan's Terry Fox Run and together, the Wildcats raised over \$4000; thank you to all families who help support this worthwhile cause.



Mme. Atkinson and Mme. Best have been 'running' Cross Country with students and look forward to our Family of School Meeting and Upper Canada Cup later this month. Mrs. Davey has started Boys and Girls soccer and they look forward to the Family of School tournament later this month as well.

We are happy to have student council back at Arklan under the guidance of Mrs. Mitchell. This month student leader candidates gave a short speech to all Junior Students and were elected to student council by their peers. In addition, all interested students who participated in the speeches are still invited to attend general council meetings throughout the year to help out with larger events.

## E-Bits: Lanark Health Unit



**Walktober is almost here!** October is Walk to School Month. While the weather is still nice, consider walking your children to school instead of driving. This will create less traffic and pollution around the school contributing to safer school zones. Live too far away from the school? Try parking a block away from the school and walking the rest of the way. The active journey outside can reduce stress, depression, and anxiety, increase happiness and supports healthy brain development in children. You may also create some great memories with your kids along the way. For more information on active school travel and safety tips visit: <https://healthunit.org/health-information/physical-activity-rest/active-school-travel/>.



# October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9  Thanksgiving No School	10  School Council Meeting 5:30pm	11	12  Family of School Cross Country @Gemmill Park	13
16  School Photo Day	17  Term 1 IEP's go home	18  Jr. Girls Soccer	19  Jr. Boys Soccer	20  Rain date Girls and Boy Soccer
23	24  UC Cup Cross - Country	25	26	27  No School for Students
30	31  Halloween @ Arklan Wear your costume...no masks or toy weapons			

**Other Important Dates:**

Nov 7: Photo Retake Day and Class Picture Day