



MARCH 2022

Dear Families,

Can you see spring on the horizon? Perhaps not yet, but we know it is just around the corner. Knowing that spring will come provides many of us the extra boost we need to get through the winter. Spring brings a renewed energy in our family as the days get longer and opportunities for new family activities emerge.

There are many organizations that offer activities, tips and expert advice for families. Here are a few:

Carleton Place and District Youth Centre www.cpyouthcentre.org
Many programs for children and youth

Monthly calendar listing daily activities and events

JB Arts in Almonte www.jbarts.ca
Monthly programs

Carleton Place Canoe Club www.cpcanooclub.com
Summer Camp 2022 Registration now open!

Open Doors for Lanark Children and Youth www.opendoors.on.ca both virtually & in person
Quick Response
Counselling Program
Early Years Program
Youth Program
Family Resource Team
Talk in Sessions
Lanark Child & Youth Advocacy Centre

Leeds, Grenville & Lanark District Health Unit www.healthunit.org
Health Information
Parental Education: Clinics and Classes
Triple P Program: Positive Parenting Program for Every Parent www.triplep-parenting.ca

Mehrit Centre, Dr. Stuart Shanker www.self-reg.ca
Self Regulation Skills

Neufeld Institute www.neufeldinstitute.org
Resources for parent, caregivers and educators
Parenting DVDs and online courses
Founded by Dr. Gordon Neufeld, Canadian authority on child development

Please reach out to us if you have any questions or need support in any way.

Let's hope this new season brings joy and continued growth in learning for all of our children.



Late arrival / early dismissal

Parents and visitors are not allowed to enter the school at this time (except by appointment approved by the Principal) due to COVID-19 protocols.

* Students arriving late to school (after 9:25 bell) should be walked to the front entrance "Welcome Window." Parents can then sign their child in and the door will be opened for the student to enter.

If students need to be picked up early during the school day, parents should call to **inform the school by 2:30 pm** so that we can pass on the information in a

timely manner.

When parents arrive, they should walk to the "Welcome Window" to sign-out their child. Students will then be escorted to the front doors by a staff member.

Your support of this procedure will assist greatly in ensuring the safety of our students and staff and we thank-you for your cooperation.



4 Or 5 years old by December 31st, 2022?

Kindergarten! ... here I come!



For breaking Kinder News on the Arklan Public School website ... [click here](#)

Then, it's time to register for Kindergarten at Arklan School!

Go to www.myfamilyroom.ca to create your account and register online.

All new kindergarten students who have registered to attend Arklan School in the fall will be invited to one of two TEAMS orientation sessions on May 12, 2022!

Dress for the Weather!

It's that time of year, when the weather can change drastically from day to day. If at all possible, we plan to spend time outdoors everyday! Please come prepared by wearing a hat, mitts or gloves and snow-pants daily. Soon it will be time for splash pants and rubber boots. A change of clothing and extra mitts are a great idea!

**REMINDER: YARD SUPERVISION BEGINS AT 9:10 AM.
PARENTS ARE RESPONSIBLE FOR THEIR CHILDREN UNTIL 9:10 AM.**



The nomination review team will be looking for examples of how nominees:

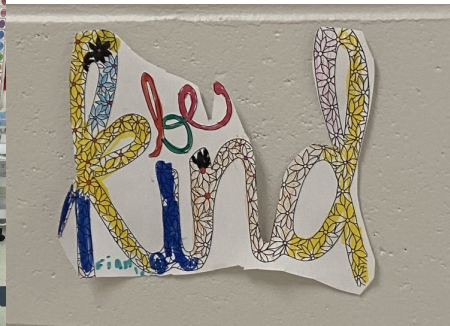
- Help build a culture of care at their site;
- Make others feel valued;
- Provide individualized care to their students or colleagues;
- Collaborate effectively with others;
- Go above and beyond in their work; and
- Finish what they start and help others do the same.

Nominees can be individuals or groups (2 or more staff).

Nominate a UCDSB Staff Member for a Service Excellence Award

ALL staff, guardians, parents, students and community partners can submit nominations recognizing UCDSB staff until April 1, 2022.

[Click here](#) to complete the nomination form.

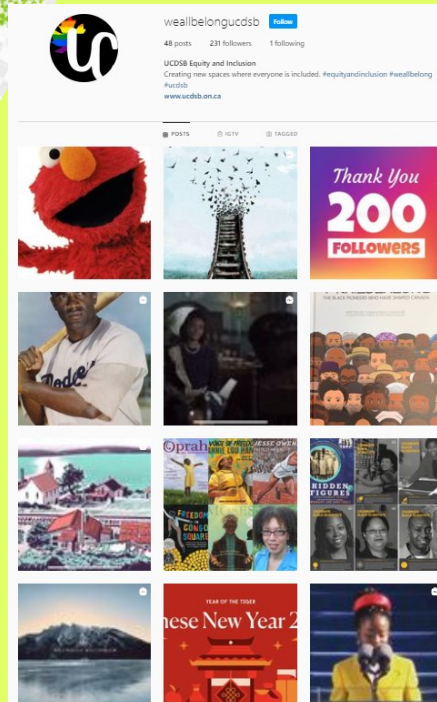


New EQUITY & INCLUSION feed on Instagram at #WeAllBelongUCDSB !!

THIS IS A SAFE SPACE



#WeAllBelong #EquityandInclusion



March 2022

Sun

Mon





Tue

Wed

Thu

Fri

Sat

		1	2	3	4	5
6	7	8 International Women's Day	9	10	11 National COVID-19 Day of Observance	12
13	14	15	16	17 	18	19
March Break						
20	21  World Down Syndrome Day	22	23	24	25	26
27	28 Purple Day for Epilepsy Earth Hour	29	30	31	 Remote Learning Registration for the 2022-2023 School Year Deadline: March 14, 2022 10 a.m.  IMPORTANT INFORMATION	

Important!

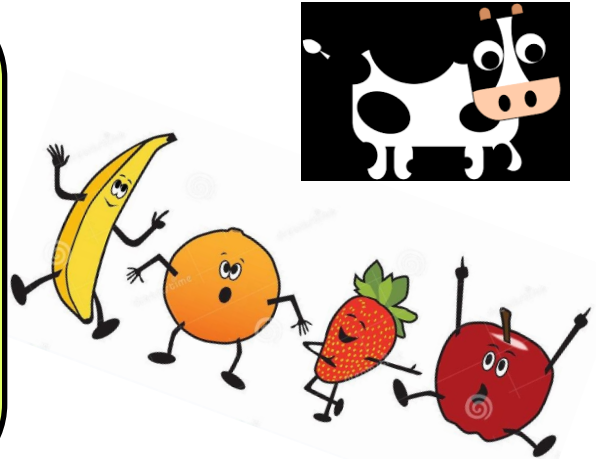
Remote learning will be offered differently next year with the #UCDSB. Families and students who are interested in remote learning for the 2022-2023 school year need to review the updated program details & register online by Monday, March 14th. Program & registration details here:

<http://ow.ly/8RI350lataS>

Food for Thought at Arklan

DID YOU KNOW.....?

We participate in the ministry funded Food for Thought program that is also supported by volunteers and runs every day. **All classes have a cooler delivered each morning and any child is welcome all day to drop by the office for a snack if they are hungry.**



STUDENT NUTRITION PROGRAMS ARE
MORE THAN FOOD



HEALTHY HABITS

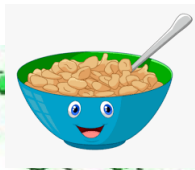


SENSE OF BELONGING



ENGAGED LEARNING

Student NUTRITION South East
ONTARIO



March is Nutrition Month!



www.foodforthoughtlanark.ca



www.twitter.com/food_for_thought_lanark/



www.facebook.com/FFTSNP/



www.instagram.com/food_for_thought_lanark/

123 Patterson Crescent, Carleton Place, ON K7C 4R2

Phone: 613-257-8113 Fax: 1-855-340-9074

Brenda Swrjeski, Principal Nikki Desrosiers, Vice-Principal



Fostering and Developing Exemplary Teaching, Learning & Citizenship for All



March 1, 2022

Dear Parents/Guardians,

We have some exciting news to share with you! The Upper Canada District School Board has launched a new service to allow online payments. Arklan CPS would like to invite all parents and guardians to begin the process of setting up their personal accounts in anticipation of using the system for school trip permissions, hot lunches and the milk program (to name a few).

This service, to be delivered through the UCDSB's **My Family Room** mobile app and website, will provide parents and guardians the convenience of quickly consenting to permission forms, paying for school events and items securely online. You will appreciate the value of this if you have experienced the challenge of finding a crumpled-up permission form in the bottom of a backpack, or in hunting for loonies or twonies while trying to figure out if you still have time to allow your child to attend an event.

In addition, any event you sign up for will be automatically added to your child's calendar in My Family Room so you will quickly and easily be able to see upcoming events and key dates.

Arkland's sign up campaign begins today and will be available to opt into at any time through the school year. We plan to begin with an optional hot lunch offering (item to be determined) after the Easter holiday to families who have set up their My Family Room account to participate in the Online Payments Service.

All you need in preparation for using online payments is:

A free **My Family Room account** (sign up at myfamilyroom.ca if you don't already have an account)

Please be sure to download the latest version of the My Family Room mobile app for Android and iOS, by searching the app stores for "My Family Room UCDSB"

A free **PayPal account** that is linked to at least one personal funding source, like your bank account or credit card (sign up at www.paypal.com if you don't already have an account).

We hope that you enjoy the conveniences that this service has to offer. Stay tuned to our school's social media (Facebook & Instagram) for more information on the Online Payments service. Thank you!

Kind regards,

Brenda Swrjeski, Principal
Arkland Community Public School

Online Payments NOW AVAILABLE!

✓ Visit myfamilyroom.ca today to sign up!



Paying for hot lunches just got easier

✓ Online payments now available



MyFamilyRoom



MyFamilyRoom

Visit myfamilyroom.ca today to sign up!

- Online Payments (and event forms) will soon be available at our school! All you need to use this service is a **My Family Room account** and a **free PayPal account** linked to your bank account or credit card. Want to know how to get started? Check out this video!: <https://youtu.be/zYJGOaMI8CE>
- To make sure you can use the new Online Payments service, don't forget to download the latest version of the **My Family Room** mobile app (for iOS and Android) - search for "**My Family Room UCDSB**" on the app stores and download it today!
- Do you have questions about the new Online Payments service? Visit the **My Family Room** Help page at askuc.ucdsb.ca/MyFamilyRoom and click on the "**Online Payments**" button!
- Can't find the answer? Click the "**Contact Us**" link on that page to send us your question!
- You can use the new #OnlinePayments service while on the go! Get the latest version of the #MyFamilyRoom mobile app (for iOS & Android) - search for "My Family Room UCDSB" in the App Store to download today! YouTube video here: <https://www.youtube.com/watch?v=HOhTSLPibh8>
- Click on the "**EVENTS/OFFERS**" button in the **My Family Room** website (in the mobile app, tap on "View Events/Offers") to view upcoming school events that are available for your children. Want to know more? Watch this video: <https://youtu.be/zYJGOaMI8CE>
- With OnlinePayments now available at our school, it's just another great reason to sign up today for a My Family Room account! Check out this video to learn more about Online Payments: <https://youtu.be/zYJGOaMI8CE>



YOUTUBE.COM

My Family Room Online Payments How To

For parents on how to use My Family Room Online Payments and I...

Click the My Family Room logo below to be redirected for details and to sign up!



Sign up/Log in to My Family Room