

Arklan Community Public School

February 2021

With Valentine's Day coming up, we would like to provide our students with the opportunity to participate in safe Valentine's Day activities at school while adhering to Public health guidelines.

Tips for a safe Valentine's Day:

- Encourage students to perform hand hygiene before writing on the cards they plan to distribute.
- Have one person distribute them in the class, preferably the teacher or staff member. Perform hand hygiene before and after distribution.
- Encourage students to perform hand hygiene after touching them.
- Single packaged store purchased Nut Free treats can be distributed, as long as proper hand hygiene is followed. Home baked, home-made treats cannot be distributed. Consider using clean tongs, or similar tools to hand out treats. Avoid leaving treats in a bucket or bowl for children to grab. *Please reference Food in Schools During COVID-19 document which can be found at this link:

[Food%20in%20Schools%20During%20COVID-19]Food in Schools During COVID-19

- Schools may choose to quarantine items for 24-72 hrs. However, there is evidence from Public Health Ontario explaining why quarantine periods are not necessary:

"Although it may be possible that people can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes (fomite transmission), this is not thought to be the main way the virus spreads. Some have suggested books and materials in libraries should be left in a dedicated space for 24 to 72 hours. The rationale for "quarantine periods" for materials is based on the theoretical risk of transmission and from observations made under controlled condition.

The use of "quarantine periods" for materials (regardless of duration) has not been demonstrated to reduce transmission of COVID-19. Before and after handling shared items, individuals should perform hand hygiene"

Source: <https://www.publichealthontario.ca/-/media/documents/ncov/sch/2020/12/covid-19-faq-schools.pdf?la=en>

Happy Valentine's Day!

February 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
Black History Month	PA Day					
7	8 Hockey Jersey Day	9 Funky Socks Day	10 School Colours Day	11 Favourite Hat Day	12 Red/White/Pink Day	13
14	15 Family Day National Flag of Canada Day	16	17	18 Elementary Report Cards Sent Home	19	20
21	22	23	24 Pink Shirt Day Anti-Bullying	25	26	27
28						



Arklan SPIRIT WEEK!

MONDAY February 8th

Hockey Jersey Day!

TUESDAY February 9th

Funky Sock Day!

WEDNESDAY February 10th

School Colours Day!

THURSDAY February 11th

Favourite Hat Day!

FRIDAY February 12th

Red, White & Pink Day!

MASK TIPS



Students must now wear a mask outside during recess. Masks often become damp with condensation and become uncomfortable. It is highly recommend to send 2-3 masks in your child's backpack so they always have a dry and clean mask to wear.

Reusable mask should be washed daily.

Please, take few minutes with your child to talk about "How to properly wear a mask".

HOW TO PROPERLY WEAR A MASK



Clean your hands with sanitizer.



Prepare the mask.



Hold the mask by the ear loops and place a loop around each ear.



Pull the bottom of the mask over your mouth and chin.



Mold or pinch the stiff edge to the shape of your nose.



Avoid touching the front of the mask after wearing.

Morning Check List



<https://forms.office.com/Pages/ResponsePage.aspx?id=E7u5JVnh7kG8ptXvUMaXDHrj0tmwlyxCvRZOMy2DiKlURUsxMIU0V0FCU1IHMEU1T1pHMFUUTFTNC4u>



Wear your mask. Bring a spare mask as they often get wet or dirty during the day.



Bring a water bottle as our water fountains are closed.



Spare mittens and socks are a good idea .



**Don't forget to
dress for the weather !**





Once you have signed up for an account in My Family Room, please log back in to activate.

Please submit an "add a child to your profile" request and **SUBMIT**

Do this for each child to ensure that your email address is added to classroom distribution lists. This ensures you will receive all communications sent from the Board, the school and your child's teacher.

New to My Family Room?

If you just signed up at your school or clicked on sign up previously, you may need to complete your registration process by clicking on the registration link sent to you via email. Check your email to see if you have received a message from My Family Room. It could be in your SPAM or Junk email depending on your email provider and your personal settings.

Use the personal link provided in the email message to get to the My Family Room page and click the **LOG IN** button.



Note: After clicking on the link in your email you will have two options, LOG IN or SIGN UP, **DO NOT** click on **SIGN UP**, you will receive an error that your email address already exists. Instead follow the instruction, click on the link and click on LOG IN

My Family Room is also the easiest way to inform your school that your child will be late, absent or has an appointment.

Don't forget that you can set your notification preference in MFR for how you want to be contacted about your child's absences, events or emergencies.

- Voice message to your home phone
- Voice message to your mobile phone
- SMS text to your mobile phone
- Email



\$70 per participant

Promo Code
HHFIRSTAIID
saves 10%

Various dates
available



Virtual Stay Safe! (Home Alone) Age 9+

4 Hours Online + 2-3 Hours of Self Study

Real world scenarios often call on children to respond to challenges. The Stay Safe! Program teaches applicable and age-appropriate skills, while increasing and reinforcing a youth's capacity to improve his or her own safety. Whether in their community or on their own, this group will be given tools to Stay Safe!

Register at www.helpinghandsfirstaid.ca



\$70 per participant

Promo Code
HHFIRSTAIID
saves 10%

Various dates
available



Virtual Babysitters Course Age 11+

5 Hours Online + 2-3 Hours of Self Study

Offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.

Register at www.helpinghandsfirstaid.ca